

## Department: PSHE

### Vision Statement:

PSHE helps pupils to develop the knowledge, skills and attributes they need to thrive as individuals, family members and members of society. It helps pupils to manage many of the most critical opportunities, challenges and responsibilities they will face growing up.

### Strapline:

Learning Lessons for Life

### Curriculum Story:

Personal Social Health Education (PSHE) is at the heart of our schools PRIDE values and runs throughout our curriculum. Our PSHE curriculum aims to enable our children to become healthy, safe, independent, responsible members of society who demonstrate respect and tolerance and who are prepared to face and manage the challenges and opportunities of an ever-changing modern Britain.

### Skills developed:

PSHE helps young people to achieve their potential by supporting their wellbeing and tackling issues that can affect their ability to learn. It also helps pupils to develop skills and aptitudes - like teamwork, communication, and resilience - that are crucial to navigating the challenges and opportunities of the modern world and are increasingly valued by employers.

## Year 7 PSHE

Topics	Why we teach this	Links to last topic	Links to future topics	Key skills developed	Cultural capital opportunities	Links to whole school curriculum
<b>Autumn Term- PSHE- Form Time</b> Health and well-being						
Bullying/Banter Friendship Managing Emotions Peer pressures Self-worth	To support the transition from primary school to secondary school and to encourage good health and well-being.	N/A	In Year 8, pupils study a unit on Health and well-being in form time and Enrichment.	Identity and managing risks Make informed choices	Social justice Healthy Living	Computing English Health and Social Care

Personal Hygiene Oral Hygiene Sun Safety Vaccinations Importance of Sleep				Understand what influences their decision Develop a positive self-image Ability to express an opinion		
<b>Autumn Term- Enrichment</b> Health and well-being						
Personal Safety Travel Safety First Aid Grief Bereavement	To teach pupils essential skills to keep them safe as well as skills they may need to keep other pupils safe. To teach pupils with coping strategies if they suffer a bereavement.	N/A	In Year 8, pupils study a unit on Health and well-being in form time and Enrichment.	Identity and managing risks Make informed choices Ability to express an opinion	Healthy Living	PE Geography
<b>Spring Term- PSHE- Form Time</b> Financial Literacy						
Needs and Wants Spending Budgeting Saving Gambling Gaming Harms Ethical Consumerism Unethical Consumerism	To teach pupils the importance of money and the skills needed to successfully budget and the risks associated with money. To teach pupils the importance of making ethical financial decisions.	N/A	In Year 8, pupils study a unit on Financial Literacy in form time.	Make informed choices Understand what influences their decision Ability to express an opinion	Ethical Enterprise Social justice	English English Language RS Geography Computing Computer Science
<b>Spring Term- Enrichment</b> RSE						
Puberty Healthy/Unhealthy Relationships Consent Domestic Violence FGM	To teach pupils about the changes that happen to your body. To make pupils aware of how they should act in relationships. To learn about the dangers of FGM.	N/A	In Year 8, pupils study a unit on RSE in Enrichment.	Identity and managing risks Make informed choices Ability to express an opinion	Civic Responsibility Healthy Living	Science Health and Social Care English

<b>Summer Term- PSHE- Form Time</b> Citizenship						
Living in a diverse society Identity British Values Democracy Election Stereotyping Prejudice Disability Discrimination Child Labour Environmental Issues	To teach pupils about what type of country we live in and why British Values are important to our country. To teach pupils about how prejudice and stereotyping can have a negative impact on society.	N/A	In Year 8, pupils study a unit on Citizenship in form time and Enrichment.	Expressing an opinion Make informed choices Understand what influences their decision Ability to express an opinion	Social justice Cultural diversity Civic Responsibility	R.S. History Geography English Performing Arts Health and Social Care
<b>Summer Term- Enrichment</b> Citizenship						
Parliament Political Parties	To teach pupils how Parliament works in the UK and the importance of political parties.	N/A	In Year 8, pupils study a unit on Citizenship in form time and Enrichment.	Expressing an opinion Make informed choices Understand what influences their decision Ability to express an opinion	Social justice Civic Responsibility	

<b>Year 8 PSHE</b>						
Topics	Why we teach this	Links to last topic	Links to future topics	Key skills developed	Cultural capital opportunities	Links to whole school curriculum
<b>Autumn Term- PSHE- Form Time</b> Health and well-being						
Smoking Vaping Alcohol	To give pupils information with regards to the dangers associated with different	Links to the First Aid unit in Year 7.	In Year 9 pupils study a unit on	Identity and managing risks	Civic Responsibility Healthy Living	Science Health and Social Care

Peer Pressure Energy Drinks Illegal Drugs	type of legal and illegal drugs and how to resist peer pressure.		Health and well-being in form time.	Make informed choices Understand what influences their decision Ability to express an opinion		MFL RS
<b>Autumn Term- Enrichment</b> Health and well-being						
Mental Health Self-Harm Eating Disorders Healthy Coping Strategies Body Confidence	To support pupils' mental health by making them aware of negative coping strategies and how we manage this.	Links to the Health and well-being unit taught in Year 7.	In Year 9, pupils study a unit on Health and well-being in form time.	Identity and managing risks Make informed choices Understand what influences their decision Develop a positive self-image Ability to express an opinion	Healthy Living	RS Health and Social Care English Science
<b>Spring Term- PSHE- Form Time</b> Financial Literacy						
Bank Statements Online Banking Debit Card ATM Credit Cards Debt Payday Loans Entrepreneurs	To support pupils in improving their knowledge around different financial information they will need to know as they get older.	Links to the Financial Literacy unit taught in Year 7.	In Year 9, pupils study a unit on Financial Literacy in form time.	Identity and managing risks Make informed choices Understand what influences their decision Ability to express an opinion	Ethical Enterprise	Maths Geography Year 10 Enterprise
<b>Spring Term- Enrichment</b> RSE						
Unwanted Contact Consent Sexting Grooming Criminal Exploitation Benefits/Risks- Social Media	To teach pupils the importance of consent and the dangers relating to sharing images and the risks of the internet.	Links to the RSE unit taught in Year 7.	In Year 9, pupils study a unit on RSE in form time and Enrichment.	Identity and managing risks Make informed choices Understand what influences their decision	Civic Responsibility Healthy Living	Computing

				Ability to express an opinion		
<b>Summer Term- PSHE- Form Time</b> Citizenship						
Self-esteem/self-worth Gender Identity Sexuality Coming out Homophobia/Biphobia/ Transphobia Racism Religious Discrimination Terrorism Hate Crime Online Hate	To teach pupils about different groups in society and how they can be discriminated against.	Links to the Citizenship unit taught in Year 7.	In Year 9, pupils study a unit on Citizenship in Enrichment.	Make informed choices Understand what influences their decision Ability to express an opinion	Social justice Cultural diversity Civic Responsibility Healthy Living	RS Health and Social Care History Performing Arts
<b>Summer Term- Enrichment</b> RSE						
Contraceptives-Condoms Other contraceptives Unprotected Sex	To teach pupils about the importance of staying safe during relationships and the risks associated with sex.	Links to the RSE unit taught in Year 7.	In Year 9, pupils study a unit on RSE in form time and Enrichment.	Identity and managing risks Make informed choices Understand what influences their decision Ability to express an opinion	Civic Responsibility Healthy Living	Science RS

**Year 9 PSHE**

Topics	Why we teach this	Links to last topic	Links to future topics	Key skills developed	Cultural capital opportunities	Links to whole school curriculum
<b>Autumn Term- PSHE- Form Time</b> Health and well-being						
Knives Gangs Assertive Communication Cannabis Body Image Media and Body image Physical Health-Mental Health Self-examination Cancer Prevention	To teach pupils the dangers that young people may encounter and how to respond in those situations. To teach pupils about the importance of looking after their health.	Links to Health and well-being unit taught in Year 8.	In Year 10, pupils study a unit on Health and well-being in form time and Enrichment.	Identity and managing risks Make informed choices Understand what influences their decision Develop a positive self-image Ability to express an opinion	Healthy Living	Science Health and Social Care RS English P.E.
<b>Autumn Term- Enrichment</b> Citizenship						
Homelessness Relationship breakdowns Unhealthy Relationship Domestic Abuse	To teach pupils about problems they may experience in society or relationships and what support they can get.	Links to the Citizenship unit taught in Year 8.	In Year 10, pupils study a unit on Citizenship in form time and Enrichment.	Identity and managing risks Make informed choices Understand what influences their decision Ability to express an opinion	Civic Responsibility Healthy Living	MFL RS
<b>Spring Term- PSHE- Form Time</b> Financial Literacy						
Payslips National Insurance Tax Borrowing Fraud Money Mules Consumer Rights Insurance	To teach pupils about financial matters relating to being in employment. Also highlighting potential problems which others can cause.	Links to the Financial Literacy unit taught in Year 8.	In Year 10, pupils study a unit on Financial Literacy in form time.	Make informed choices Understand what influences their decision Ability to express an opinion Identity and managing risks	Ethical Enterprise Technological Progress	Geography Business

<b>Spring Term- Enrichment</b> Citizenship						
Crime Justice System Courts and tribunals Fake news Being an active citizen	To teach pupils how the criminal system works in the UK. To introduce to pupils how pupils can support their community.	Links to the Citizenship unit taught in Year 8 and Year 9 (Autumn Term).	In Year 10, pupils study a unit on Citizenship in form time and Enrichment.	Make informed choices Understand what influences their decision Ability to express an opinion	Civic Responsibility	Computing RS
<b>Summer Term- PSHE- Form Time</b> RSE						
Consent-Inability to give consent Media and pornography Sexting-Grooming Different types of families Long term commitments Arranged/Forced Marriage Good parenting Roles of children Relationship breakdown Conflict and resolution strategies	To teach pupils about staying safe in relationships and how to look after their health. To understand the dangers of the internet.	Links to the RSE unit taught in Year 8.	In Year 10, pupils study a unit on RSE in form time.	Identity and managing risks Make informed choices Understand what influences their decision Ability to express an opinion	Social justice Cultural diversity Civic Responsibility Technological Progress Healthy Living	RS ICT Health and Social Care
<b>Summer Term- Enrichment</b> RSE						
Readiness for sex Risks of unprotected sex STI's Pregnancy	To teach pupils about staying safe in relationships and how to look after their health and the consequences if they don't.	Links to the RSE unit taught in Year 8.	In Year 10, pupils study a unit on RSE in form time.	Identity and managing risks Make informed choices Understand what influences their decision Ability to express an opinion	Healthy Living	Science RS

<b><u>Year 10 PSHE</u></b>						
<b>Topics</b>	<b>Why we teach this</b>	<b>Links to last topic</b>	<b>Links to future topics</b>	<b>Key skills developed</b>	<b>Cultural capital opportunities</b>	<b>Links to whole school curriculum</b>
<b><u>Autumn Term- PSHE- Form Time</u></b> Health and well being						
Positive/negative role models How to be a positive role model County Lines Impact on decision making: Drugs/Alcohol Drink Driving Drug Driving Nitrous Oxide Vaping Sharing sexual images	To teach pupils how they can be influenced positively and negatively and how to manage this peer pressure. To teach pupils about the dangers in society.	Links to the Health and well-being unit taught in Year 9 and Year 10.	In Year 11, pupils study a unit on Health and well-being in form time and Enrichment.	Make informed choices Understand what influences their decision Ability to express an opinion Identity and managing risks	Healthy Living	Health and Social Care Science
<b><u>Autumn Term- Enrichment</u></b> Health and well being						
Mental Health Reframing negative thinking Depression Anxiety Social Media and Mental Health	To teach pupils effective strategies they can use to help them with their mental health.	Links to the Health and well-being unit taught in Year 9.	In Year 11, pupils study a unit on Health and well-being in form time and Enrichment.	Identity and managing risks Make informed choices Understand what influences their decision Develop a positive self-image Ability to express an opinion	Healthy Living	English Health and Social Care
<b><u>Spring Term- PSHE- Form Time</u></b> Financial Literacy						
Budgeting Saving Pensions Debt Credit Score Payday Lending	To teach pupils the importance of saving but also to teach the risks associated with borrowing money or gambling and getting into debt.	Links to the Financial Literacy unit taught in Year 9.	N/A	Identity and managing risks Make informed choices	Ethical Enterprise Civic Responsibility Technological Progress	Enterprise Geography



Gambling Targeted Advertising				Understand what influences their decision Ability to express an opinion		
<b>Spring Term- Enrichment RSE</b>						
Pressure to have sex Consent- capability Coercive Control Sexual Harassment	To teach pupils about pressures in relationships and strategies that can be used to stop this from happening.	Links to the RSE unit taught in Year 9	In Year 11, pupils study a unit on RSE in form time and Enrichment.	Make informed choices Understand what influences their decision Ability to express an opinion Identity and managing risks	Civic Responsibility Healthy Living	RS
<b>Summer Term- PSHE- Form Time Citizenship</b>						
Extremism Radicalisation Community Cohesion Online Hate Digital Footprint Electoral System Voting Economy Government Spending Local Authority Spending Pressure Groups Active Citizen	To teach pupils about challenges and risks citizens may experience in society. To teach pupils about how the economy works.	Links to the Citizenship unit taught in Year 9	In Year 11, pupils study a unit on Citizenship in form time.	Identity and managing risks Make informed choices Understand what influences their decision Ability to express an opinion	Social justice Cultural diversity Civic Responsibility	Computing History RS MFL
<b>Summer Term- Enrichment Citizenship</b>						
Human Rights European Court of Humna Rights International Law Legal system Restorative Justice	To teach pupils about the rights humans have and how they differ across the world. To teach about the legal system in the UK and from around the world	Links to the Citizenship unit taught in Year 9	In Year 11, pupils study a unit on Citizenship in form time.	Identity and managing risks Make informed choices Understand what influences their decision Ability to express an opinion	Social justice Cultural diversity Civic Responsibility	English

**Year 11 PSHE**

<b><u>Topics</u></b>	<b><u>Why we teach this</u></b>	<b><u>Links to last topic</u></b>	<b><u>Links to future topics</u></b>	<b><u>Key skills developed</u></b>	<b><u>Cultural capital opportunities</u></b>	<b><u>Links to whole school curriculum</u></b>
<b><u>Autumn Term- PSHE- Form Time</u></b> Health and well-being						
Personal Safety-social situations First Aid Skills Health- lifestyles and some cancers Self-examination Vaccinations/Immunisations Piercings/Tattoos Sunbeds Cosmetic/Aesthetic body alterations Blood, Organ and stem cell donation	To teach pupils how to keep themselves safe in personal situations and how to deal with an emergency. To teach pupils the importance of looking after their body.	Links to the Health and well-being unit taught in Year 10	N/A	Identity and managing risks Make informed choices Understand what influences their decision Ability to express an opinion	Healthy Living	Science Health and Social Care
<b><u>Autumn Term- Enrichment</u></b> Health and well-being						
Stress Stress Management Contraceptives Sexual Health	To teach pupils about stress and how to manage it. To teach pupils the importance of their sexual health.	Links to the Health and well-being unit taught in Year 10	N/A	Identity and managing risks Make informed choices Understand what influences their decision Ability to express an opinion	Healthy Living	Health and Social Care
<b><u>Spring Term- PSHE- Form Time</u></b> RSE						
Gender Identity Transitioning Discrimination-sexuality Revenge Porn Upskirting Long term commitments	To teach pupils about different types of harassments and how to effectively deal with them.	Links to the RSE unit taught in Year 10	N/A	Identity and managing risks Make informed choices Understand what influences their decision	Social justice Civic Responsibility Technological Progress Healthy Living	RS

Arranged/Forced marriage				Ability to express an opinion		
<b>Spring Term- Enrichment RSE</b>						
Types of families Parental Responsibilities Pregnancy Options Fertility Miscarriage/Stillbirth- Managing loss	To teach pupils about issues around families and planning for a baby.	Links to the RSE unit taught in Year 10	N/A	Identity and managing risks Make informed choices Understand what influences their decision Ability to express an opinion	Healthy Living	Science Geography RS
<b>Summer Term- PSHE- Form Time Citizenship</b>						
Democracy Laws Parliament Different governments International Governments Media Bringing about change	To teach pupils about democracy and how governments are formed around the world. To demonstrate how groups and individuals can bring about change in the world.	Links to the Citizenship unit taught in Year 10	N/A	Identity and managing risks Make informed choices Understand what influences their decision Ability to express an opinion	Social justice Cultural diversity Civic Responsibility	Geography RS
<b>Summer Term- Enrichment</b>						

