**Colton Hills Community School medium term planning**

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| **Topic title:**  **Human Lifespan Development** | **Year: 10  Term:** Autumn | **Why we teach this:** Develops an understanding of PIES (physical, intellectual, emotional and social development) across the life stages. | **Why we teach this here:** Underpins everything within L2 & L3 H&SC, PIES, lifestyle choices and factors are referred back to throughout the course | |
| **Big questions:**   1. How do we grow and develop across the different life stages? 2. What factors affect our growth and development? 3. How do lifestyle choices impact our growth and development? | | **Builds on previous topics:** N/a | **Links to future topics:**  Links to the other 2 components in L2, Health and Social Care Services and Values and Health and Wellbeing | |
| **Key knowledge:**   * The 6 different life stages * How as individuals we are affected by physical, intellectual, emotional and social aspects * Childhood – language development, fine and gross motor skills and the importance of play * How males and females differ when going through puberty (primary and secondar sexual characteristics) * How women are affected by menopause * The onset of later life * How lifestyle choices affect our growth and development | **Key knowledge continued:**   * Gender roles * Forming attachments and relationships and how they affect our self-esteem * Economic factors and material wealth * The influence of culture and religion * Genetic inheritance | |
| **Skills developed:**   * Research and contextual skills * Developing quality written English | |
| **Mini/Interim assessments:**   * Case studies   **Termly summative assessment:**  Coursework based on a celebrity. | | **Independent study tasks/resources:**  **Week 1-** Infancy  **Week 2-** Early childhood  **Week 3-** Adolescence  **Week 4-** Early adulthood  **Week 5-** Middle adulthood  **Week 6-** Late adulthood | **Key vocabulary 1:** Life stages  Growth  Development  Fine motor skills  Gross motor skills  Milestones  Self-image  Self-esteem  Genetic | **Key vocabulary 2:**  Menopause  Puberty  Characteristics  Adolescence  Cultural  Economic |
| **Cultural capital opportunities:**   * Developing understanding of how we grow and develop | | **Whole school Curricular Concept links:**  Healthy living – looks at lifestyle choices  Cultural diversity – Cultural differences and relationships |

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| **Week/ Phase** | **Key Features** | |
| 1 | **Small Questions:** … | |
| **Key Activities/Resources:** … | **Retrieval focus:**  …  **Independent study:**  … |
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| 2 | **Small Questions:** … | |
| **Key Activities/Resources:**  … | **Retrieval focus:**  …  **Independent study:**  … |
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| 3 | **Small Questions:** … | |
| **Key Activities/Resources:**  … | **Retrieval focus:**  …  **Independent study:**  … |
| **Week/ Phase** | **Key Features** | |
| 4 | **Small Questions:** … | |
| **Key Activities/Resources:**  … | **Retrieval focus:**  …  **Independent study:**  … |
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| 5 | **Small Questions:** … | |
| **Key Activities/Resources:**  … | **Retrieval focus:**  …  **Independent study:**  … |
|  | | |
| 6 | **Small Questions:** … | |
| **Key Activities/Resources:**  … | **Retrieval focus:**  …  **Independent study:**  … |